

What to pack in your suitcase

This is your checked-in baggage, so it is not accessible while you're travelling

- 1 lightweight buggy
- 1 car seat
- 3 day outfits (including one short sleeved and one long sleeved)
- 1 all-in-one or coat appropriate for weather at your destination (e.g. waterproof if needed)
- 2 pyjamas
- 2 sleeping bags, if still used
- 1 travel blackout blind
- 1 plug-in night-light
- 1 baby monitor
- 1 small packet of nappies/trainer pants (enough for two days) if still used
- 1 packet wipes
- 1 packet disposable changing mats if still using nappies/trainer pants
- 3 swim nappies (they can be washed, dried and reused)
- 1 UV protective swimsuit
- Toddler sunscreen SPF 50+
- 1 sun hat
- 1 pair of toddler sunglasses
- 1 towelling cape with hood
- First aid kit (scissors, antiseptic cream, nappy cream, sachets of baby/child paracetamol/ibuprofen, teething granules, teething gel, plasters, thermometer, antibacterial gel, insect repellent, antihistamine)
- 1 universal bath plug
- Miniature samples of shampoo/bath wash
- Cartons of UHT milk or a tin of powdered UHT milk
- 1 small cool bag
- 1 beaker
- 1 set of cutlery
- 1 tube of travel wash
- 1 travel power adaptor
- 1 toddler reins
- A few favourite toys

What to pack in your hand luggage

This is your carry-on luggage, so should contain what you'll need once checked-in and while travelling in the aircraft

- Enough nappies/trainer pants (if using), wipes and nappy sacks for your journey
- 1 small cool bag of snacks (fruit/raisins/mini sandwiches/biscuits)
- 1 small tin of powdered UHT milk or cartons of UHT milk
- Cartons of drink with a straw
- 1 beaker
- 1 empty flask (ask a coffee shop beyond security to fill it up with boiling water), if using powdered milk
- Mini first aid kit (couple of sachets of baby/child paracetamol/ibuprofen, teething granules and gel, plasters, damp flannel, mini tube of nappy cream, antibacterial gel)
- 1 change of toddler clothes
- 1 change of top for you
- 1 plastic bag for sick incidents/dirty clothes
- 1 child's inflatable pillow
- A small selection of toys/books/sticker books/crayons, iPad/tablet
- Copies of passports
- Photograph of your child (in case they get lost)
- Insurance documents

